



2025 SABM ANNUAL MEETING

SEPTEMBER 18-20 MINNEAPOLIS, MN



Your Personal Guide to Downtown Minneapolis

Welcome to Minneapolis! In this document, you will find a list of great spots for food, drinks, entertainment, and recreation exclusively curated for attendees of the SABM 2025 Annual Meeting by President-Elect and Minnesota native, Dr. Matthew A Warner. An interactive map is available by scanning the QR code. Have fun exploring!



[Map](#)

DINING

[Owamni](#) - 420 S 1st St, Minneapolis, MN 55401

Modern Indigenous cuisine along the Mississippi River. Named one of the best restaurants in America, Owamni showcases Native American ingredients and techniques, creating a dining experience unlike any other.



[Gai Noi](#) – 1610 Harmon Place, Minneapolis, MN 55403

Authentic Laotian cuisine in a modern setting. James Beard–nominated Gai Noi serves deeply flavorful Southeast Asian dishes with a Midwest twist.

[Fhima's](#) – 40 S 7th St, Minneapolis, MN 55402

A modern take on French Moroccan cuisine using the highest quality ingredients in partnership with Minnesota and local farmers. Also, an elegant bar with classic cocktails and a stunning interior.



[Quang Restaurant](#) - 2719 Nicollet Ave, Minneapolis, MN 55408

A Minneapolis staple for Vietnamese fare. Family-owned and beloved for decades, Quang offers delicious pho, vermicelli bowls, and spring rolls in a casual setting.

[Graze Provisions + Libations](#) - 520 N 4th St, Minneapolis, MN 55401

A trendy North Loop food hall. With multiple vendors under one roof—from smash burgers to gourmet donuts—you're bound to find something you love.

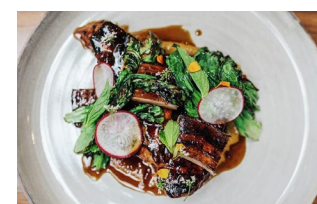


[Matt's Bar & Grill](#) - 3500 Cedar Ave, Minneapolis, MN 55407

The original home of the “Jucy Lucy. Why put cheese inside the burger patty? The world may never know. In any case, it's considered a Minnesota classic.

[Spoon and Stable](#) - 603 N Washington Ave, Minneapolis, MN 55401

Built in an old horse stable from 1906, this restaurant by James Beard award-winning chef Gavin Kaysen focuses on the seasonality of the Midwest and Minneapolis local culture. Technically inspired by French cuisine.



[Pizza Lucé - 119 N 4th St, Minneapolis, MN 55401](#)

Minnesota-based pizza staple serving handmade, gourmet pizzas crafted from fresh, local ingredients. Vegan, vegetarian, and gluten-free options. Several locations throughout Minneapolis.



[Hell's Kitchen Inc. - 80 S 9th St, Minneapolis, MN 55402](#)

Not to be confused with Gordon Ramsey's chain, this is an independent, employee-owned restaurant that's been making award-winning scratch food (+ live music) in the heart of downtown Minneapolis for over 22 years. A great option for brunch.

[Murray's - 26 South 6th St, Minneapolis, MN 55402](#)

Classic upscale steakhouse serving prime cuts & signature cocktails in stylish surrounds since 1946.



[Green + The Grain - Skyway Level, 109 S 7th St, Minneapolis, MN 55402](#)

Minneapolis-based restaurant chain specializing in fresh, healthy, and customizable grain bowls, salads, and wraps. Located in the downtown Skyway where you can find other dining options.

[Rise Bagel Co. - 530 N 3rd St, Minneapolis, MN 55401](#)

Specializing in old-world artisan bagels with a modern twist. Made-from-scratch dough is rolled, boiled, topped on both sides and baked—resulting in crisp, chewy and flavorful bagels made only with organic ingredients.



[Bar La Grassa - 800 N Washington Ave, Minneapolis, MN 55401](#)

Big, vibrant Italian restaurant features a bustling pasta bar with views of the open kitchen and plush dining areas bathed in the amber light of old chandeliers.

[Cardigan Donuts - City Center, 40 S 7th St #207, Minneapolis, MN 55402](#)

Minneapolis-based doughnut shop and coffeehouse that specializes in fresh, handcrafted doughnuts and coffee. 2 downtown locations. For another donut option, check out Glam Doll donuts!

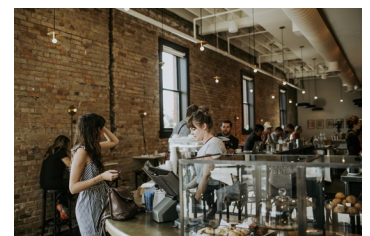


[Sea Salt - 4825 Minnehaha Ave, Minneapolis, MN 55417](#)

Fresh, fun seafood + wine & beer at Minnehaha Falls. Only open from April through October. First-come, first-serve. Grab some calamari tacos and have a picnic at the falls!

[Café Alma - 528 University Ave SE, Minneapolis, MN 55414](#)

Located across the Stone Arch Bridge. Elevated casual cooking and bakery. Featuring all-day café dining and signature housemade pastries. Counter-service and table-side digital ordering are available.



Looking for ice cream?

Check out **Sebastian Joe's**, **Bebe Zito**, **Fletcher's**, or **Pumphouse Creamery**.

BARS & BREWERIES

Milly's Wine Bar & Bistro - 1129 Washington Ave S, Minneapolis, MN 55415

Cozy, chic, and perfect for a relaxing evening. Enjoy curated wine flights and seasonal small plates in a beautifully designed space. Perfect stop to pair with an evening at the Guthrie Theater.



Rooftop at Hewing Hotel - 1129 Washington Ave S, Minneapolis, MN 55415

Stylish rooftop with skyline views. Sip cocktails by the fire pits while enjoying panoramic views of downtown Minneapolis.

Sisyphus Brewing - 712 Ontario Ave W #100, Minneapolis, MN 55403

Craft beer and comedy near Loring Park. Known for small-batch brews and hosting stand-up shows, Sisyphus is great for a laid-back evening.



Brit's Pub - 1110 Nicollet Mall, Minneapolis, MN 55403

For over thirty years Brit's Pub has been Minneapolis' own little corner of the UK. Drinks and pub food.

Surly Brewing Co. - 520 Malcolm Ave SE, Minneapolis, MN 55414

Large beer hall, delicious pizza, and a huge beer garden. A Minneapolis classic—high-quality cold beer, bold atmosphere, and plenty of space to share with friends.



COFFEE

Gray Fox Coffee & Wine - 801 S Marquette Ave, Minneapolis, MN 55402

Unique coffee served with flare. Also, a delicious stop for breakfast, lunch, and happy hour/drinks.



SK Coffee - Skyway Level, 50 South 6th St Unit 290, Minneapolis, MN 55402

A local gem for coffee enthusiasts, offering amazing single origin pour-over coffees.

Spyhouse Coffee - Skyway, 50 South 6th St Unit 290, Minneapolis, MN 55402

Twin Cities original. A must for good coffee and pastries.



ENTERTAINMENT & RECREATION

First Avenue - 701 N 1st Ave, Minneapolis, MN 55403

Iconic live music venue—Prince made it famous. Catch a concert or just snap a photo in front of the star-covered black building. Try to find your favorite artists. An essential Minneapolis experience.



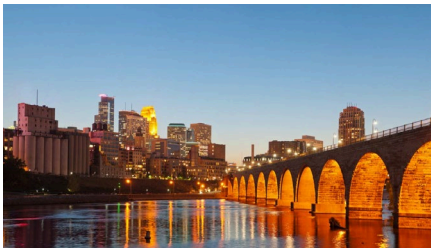
Walker Art Center, Sculpture Garden, & Skyline Mini Golf - 725 Vineland Pl, Minneapolis, MN 55403

Modern art meets quirky fun. Explore world-class art, wander the free adjacent sculpture gardens (including the world-famous “spoonbridge and cherry”), then play artist-designed mini golf.



Guthrie Theater - 818 S 2nd St, Minneapolis, MN 55415

World-class theater with stunning riverfront views. Attend a show or take in the views from the “Endless Bridge” at this architectural gem. Open to public during day-time hours. An essential Minneapolis visit.

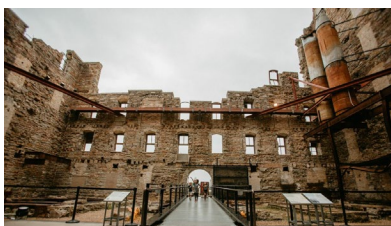


Stone Arch Bridge - 100 Portland Ave, Minneapolis, MN 55401

One of the most iconic bridges in the US, which spans the Mississippi River just below St. Anthony Falls. Originally built for railroads in 1883, it is now a pedestrian and bicycle bridge offering scenic views of the city skyline, the falls, and surrounding historic areas.

Saint Anthony Main - 125 SE Main St, Minneapolis, MN 55414

A charming, historic neighborhood along the river to be enjoyed after walking across the Stone Arch Bridge. Enjoy cobblestone streets, local cafes, the St. Anthony Main Theatre, and some of the city’s best views.



Mill City Museum - 704 S 2nd St, Minneapolis, MN 55401

Although it may sound obscure, this is a great museum for adults and kids that will teach you the story of Minneapolis’ milling history. Built into the ruins of what was once the world’s largest flour mill, this interactive museum is a short walk from the Guthrie and Stone Arch Bridge.

Electric Fetus - 2000 4th Ave S, Minneapolis, MN 5540

Iconic independent record store since 1968. It’s a cultural landmark where people connect over music and all things Minneapolis. Live performances are common.



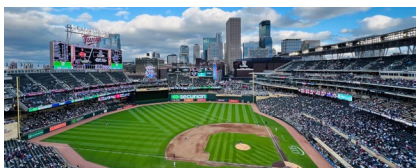


[Bde Maka Ska Lake - 3200 E Calhoun Pkwy, Minneapolis, MN 55408](#)

The largest lake in Minneapolis and a popular destination for recreation and relaxation. It's part of the city's famous Chain of Lakes and offers a variety of activities like swimming, boating, and biking. Great spot for a walk or run. Check out the beach to soak up the sun, take a dip, or watch the sailboats.

[Wild Rumpus Books - 2720 West 43rd St. Minneapolis, MN 55410](#)

An independent children's and young adult bookstore focusing on local authors, which is also home to a menagerie of animals, including free-roaming Manx cats. Fun for the entire family. Close to Lake Harriet, where you can grab ice cream and enjoy the trails.

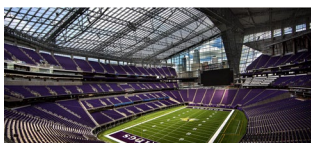


[Target Field - 1 Twins Way, Minneapolis, MN 55403](#)

One of the most beautiful baseball stadiums in the world. Home of the Minnesota Twins (MLB). Join us for our group event on Friday, Sept 19th!

[Target Center - 600 N 1st Ave, Minneapolis, MN 55403](#)

Home of the Minnesota Timberwolves (NBA) and Lynx (WNBA). In September, the WNBA playoffs will just be kicking off. Catch a game or a live music event.

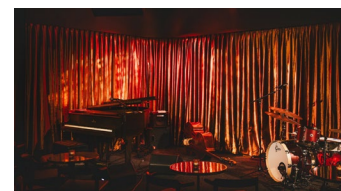


[U.S. Bank Stadium - 401 Chicago Ave, Minneapolis, MN 55415](#)

Home of the Minnesota Vikings (NFL), for those who love to be perpetually disappointed.

[Berlin Jazz Club - 204 N 1st St, Minneapolis, MN 55401](#)

Upscale and intimate jazz experience. Located downtown, Berlin hosts nightly performances from some of the nation's best jazz musicians.

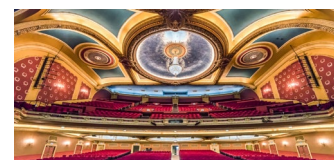


[University of Minnesota - 300 Washington Ave SE, Minneapolis, MN 55455](#)

Come explore the beautiful campus of the University of Minnesota. Lots of beautiful green space and stunning views along the Mississippi.

[Orpheum Theater - 910 Hennepin Ave, Minneapolis, MN 55403](#)

Opened in 1921 as the Hennepin Theatre, the Orpheum is one of four theatre venues on Hennepin Avenue. Live theater, music, and comedy.



[Mall of America - 60 E Broadway, Bloomington, MN 55425](#)

No explanation needed. Gigantic mall where you can find almost anything. Also features an amusement park and aquarium. An easy trip from downtown using the Light Rail (Blue Line).

This is just a small sample of fun things in Minneapolis. There are also great opportunities in St. Paul and surrounding areas (Science Museum, Children's Museum, Minnesota Zoo).

Be sure to tag your adventures with **#SABM2025** and share your favorite finds!